

AZUSA UNIFIED SCHOOL DISTRICT
RESOLUTION NO. #21-22:38
**DECLARING THE MONTH OF MAY
“NATIONAL MENTAL HEALTH MONTH”**

WHEREAS mental health is essential to everyone's overall health and well-being; and

WHEREAS behavioral health disorders, including major depression, schizophrenia, panic disorders and obsessive-compulsive disorders affect many children and youth every year, regardless of age, gender, race, ethnicity, religion or economic status; and

WHEREAS federal statistics show that one in 10 children has a serious mental health condition, but only a third will receive any care at all — with even fewer receiving appropriate care; and

WHEREAS a focus on prevention and early intervention efforts could greatly reduce the number of children experiencing serious mental health condition; and

WHEREAS children, youth and adults can recover from mental illness and lead full, productive lives in the community; and

WHEREAS students had been experiencing widespread mental-health distress long before the COVID-19 pandemic took hold, with youth suicide on the rise and the second leading cause of death for 15- to 24-year-olds; and

WHEREAS the pandemic has made matters worse; in recent surveys, students reported that COVID-19 has impacted their lives through increased isolation, loneliness, stress and sadness; and

WHEREAS every person and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help; and

NOW, THEREFORE, BE IT RESOLVED by the Azusa Unified School District Board of Education that May is designated as Mental Health Awareness Month.

PASSED AND ADOPTED by the Board of Trustees of the Azusa Unified School District, this 17th day of May, 2022, by the following vote:

AYES: _____

NOES: _____

ABSENT: _____ ABSTAIN: _____

I, Xilonin Cruz-Gonzalez, Clerk of the Governing Board, do hereby certify that the foregoing is a full, true and correct copy of a resolution duly passed and adopted by said Board at a regularly called and conducted meeting held on said date.

Xilonin Cruz-Gonzalez, Clerk of the Governing Board