

Policy 6164.2: Guidance/Counseling Services

Status: DRAFT

Original Adopted Date: 06/02/2009 | Last Revised Date: 03/19/2019 | Last Reviewed Date: 03/19/2019

The Governing Board recognizes that a structured, coherent, and comprehensive counseling program promotes academic achievement and **growth, and** serves the diverse needs of all-district students. **The district shall provide an educational counseling program that offers students services and supports within a Multi-Tiered Systems of Support (MTSS) framework, in accordance with law.** Counseling staff shall be available to provide students with individualized reviews of their educational progress toward **academic** and/or career and vocational goals and, as appropriate, may discuss social, personal, or other issues that may impact student learning **and well-being.**

The Superintendent or designee shall ensure that all persons employed to provide **direct** school counseling, school psychology, and/or school social work services **to students, and/or implement equitable school programs and services that support students' academic and social emotional development and college and career readiness** shall possess the appropriate credential from the Commission on Teacher Credentialing authorizing their employment in such positions. Responsibilities of each **positions such positions** shall be clearly defined in a job description.

Responsibilities of school counselors include, but are not limited to:

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1. Engaging with, advocating for, and providing support for all students with respect to learning **direct services, such as individual counseling, group counseling, risk assessment, crisis response, and achievement instructional services, including mental health and behavioral, academic, and postsecondary educational services and indirect services, including but not limited to, positive school climate strategies, teacher and parent consultations, and referrals to public and private community services**
2. Planning, implementing, and evaluating **school counseling** programs to promote the academic, career, personal, and social development of all students, including students from low-income families, foster youth, homeless youth, undocumented youth, and students at all levels of academic, social, and emotional abilities
3. Using **Working within a MTSS that uses** multiple **data** sources of information to monitor and improve student behavior, **attendance, engagement, and achievement**
4. Collaborating and coordinating with school and community resources **Developing, coordinating, and supervising comprehensive student support systems in collaboration with teachers, administrators, other pupil personnel services professionals, families, community partners, and community agencies, including county mental health agencies**
5. Promoting and maintaining a safe learning environment for all students by providing restorative justice practices, positive behavior interventions, and support services, **and by developing a variety of intervention strategies, and using those strategies, to meet individual, group, and school community needs before, during, and after a crisis**
6. Intervening to ameliorate school-related problems, including issues **problems** related to chronic absences **and retention**
7. Using research-based strategies to reduce stigma, conflict, and student-to-student mistreatment and **promote mental wellness, reduce mental health stigma, and to identify characteristics, risk factors, and warning signs of students who develop, or are at risk of developing, mental health and behavioral disorders and who experience, or are at risk of experiencing, mistreatment, including mistreatment related to any form of conflict or bullying**
8. Improving school climate and student well-being **by addressing the mental and behavioral health needs of students during a period of transition, separation, heightened stress, and critical changes, accessing**

community programs and services to meet those needs, and providing other appropriate services

9. Enhancing students' social and emotional competence, character, health, civic engagement, cultural legacy **literacy**, and commitment to lifelong learning and the pursuit of high-quality educational programs
10. Providing counseling interventions and support services for **unduplicated** students **who are** classified as English learners, **or foster youth, homeless children, and students** eligible for free **or** reduced-priced meals, **or** foster youth, including enhancing **interventions and support services that enhance** equity and access to the **appropriate** education systems **systems** and community **public and private** services
11. Engaging in continued development as a professional school counselor

Educational And Career Counseling

Beginning in grade 7, parents/guardians shall receive a general notice at least once before career counseling and course selection so that they may participate in the counseling sessions and decisions. (Education Code 221.5)(**Education Code 221.5**)

The educational counseling program shall include academic counseling and postsecondary services, in the following areas (Education Code 49600):

The educational counseling program shall include academic counseling in the following areas: (Education Code 49600)

1. Development and implementation, with parent/guardian involvement, of the student's immediate and long-range educational plans
2. Optimizing progress towards achievement of proficiency standards **and competencies**
3. Completion of the required curriculum in accordance with the student's needs, abilities, interests, and aptitudes
4. Academic planning for access and success in higher education programs, including advisement on courses needed for admission to **public** colleges and universities, standardized admissions tests, and financial aid
5. Career and vocational counseling **High-quality career programs at all grade levels** in which students are assisted in doing all of the following:
 - a. Planning for the future, including, but not limited to, identifying personal interests, skills, and abilities, career planning, course selection, and career transition
 - b. Becoming aware of personal preferences and interests that influence educational and occupational exploration, career choice, and career success
 - c. Developing realistic perceptions of work, **self-efficacy for the ever-changing work environment, the changing needs of the workforce, and the effects** of work on lifestyle **quality of life**
 - d. Understanding the relationship between academic achievement and career success, and the importance of maximizing career options
 - e. Understanding the value of participating in career technical education and work-based learning activities **and pathways, programs, and certifications**, including, but not limited to, service learning, **those related to** regional occupational centers and programs, partnership programs, job shadowing, and mentoring experiences **and centers, the federal program administered by the United States Department of Labor**

offering free education and vocational training to students, known as "Job Corps," the California Conservation Corps, work-based learning, industry certifications, college preparation and credit, and employment opportunities

- f. Understanding the need to develop essential employable skills and work habits
- g. Understanding the variety of four-year colleges and universities and community college vocational and technical preparation programs, as well as admission criteria and enrollment procedures
- h. **Understanding entrance requirements to the Armed Forces of the United States, including the benefits of the Armed Services Vocational Aptitude Battery (ASVAB) test**

The district's educational counseling program also may include, but not be limited to, identification of students who are at risk of not graduating with the rest of their classpeers, development of a list of coursework and experience necessary to assist students to satisfy the curricular requirements for college admission and successfully transition to postsecondary education or employment, and counseling regarding available options for a student to continue his/her education if he/she fails **students who fail to meet graduation requirements: to continue with their education.**

The Superintendent or designee shall establish and maintain a program of guidance, placement, and follow-up for all district **high school** students subject to compulsory continuation education. (Education Code 48431)

As part of the district's educational counseling program, students may be offered mental and behavioral health services under which a student may receive prevention, intervention, short-term counseling services, and mental health related classroom instruction to reduce stigma and increase awareness of counseling support services.

No counselor shall unlawfully discriminate against any student. Guidance counseling regarding school programs and career, vocational, or higher education opportunities shall not be differentiated on the basis of any protected category specified in BP 0410 - Nondiscrimination in District Programs and Activities.

In addition, counselors shall affirmatively explore with students **a student** the possibility of careers, or courses leading to careers, that are nontraditional for that student's sex. (Education Code 221.5)

For assessing or counseling students, the district shall not use testing or other materials that permit or require impermissible or unlawful differential treatment of students.
(5 CCR 4931)

Colleges and prospective employers, including military recruiters, shall have the same access to students for recruiting purposes. (20 USC 7908; 10 USC 503; Education Code 49603)

**Personal or Mental Health Counseling
(Education Code 49603; 10 USC 503; 20 USC 7908)**

The Superintendent or designee shall collaborate with businesses, government agencies, postsecondary institutions including universities and career technical schools, community organizations, and/or other employers to provide students with actual or simulated work-based learning opportunities through college and/or career fairs.

When planning to hold a college or career fair, the Superintendent or designee shall notify each apprenticeship program in the county. The notification shall include the planned date, time and location of the college or career fair. (Labor Code 3074.2)

Personal or Mental Health Counseling

A school counselor, school psychologist, or school social worker may provide individualized personal, mental health, or family counseling to students in accordance with the specialization(s) authorized by his/her **their** credential. Such services may include, but are not limited to, support related to the student's social and emotional development, behavior, substance abuse, mental health assessment, depression, or mental illness. As appropriate, students and their parents/guardians shall be informed about community agencies, organizations, or health care providers that offer qualified professional assistance.

Written parent/guardian consent shall be obtained before mental health counseling or treatment services are provided to a student, except when the student is authorized to consent to the service pursuant to Family Code 6920-6929, Health and Safety Code 124260, or other applicable law.

Any information of a personal nature disclosed to a school counselor by a student age 12 years or older or by his/her ~~the student's~~ parent/guardian is confidential and shall not become part of the student record without the written consent of the person who disclosed the confidential information. The information shall not be revealed, released, discussed, or referred to except under the limited circumstances specified in Education Code 49602. (Education Code 49602)

A counselor shall consult with the Superintendent or designee ~~or~~ **and, as appropriate**, with the district's legal counsel whenever unsure of how to respond to a student's personal problem: **or when questions arise regarding the possible release of confidential information regarding a student.**

Crisis Counseling

The Board recognizes the need for a prompt and effective response when students are confronted with a traumatic incident. School counselors shall assist in the development of the comprehensive school safety plan, emergency and disaster preparedness plan, and other prevention and intervention practices designed to assist students **and parents/guardians** before, **during**, and after a crisis.

~~In addition, the Superintendent or designee shall identify crisis counseling resources to train district staff in effective threat assessment, appropriate response techniques and/or methods to directly help students cope with a crisis if it occurs.~~

Early identification and intervention plans shall be developed to help identify those students who may be at risk for violence so that support may be provided before they engage in violent or disruptive behavior.

In addition, the Superintendent or designee shall identify crisis counseling resources to train district staff in effective threat assessment, appropriate response techniques, and/or methods to directly help students cope with a crisis if it occurs.

Teacher-Based Advisory Program

The Board recognizes that a supportive, ongoing relationship with a caring adult can provide a student with valuable advice, enhance student-teacher relationships, and build the student's feelings of connectedness with the school. The Board authorizes the development of a teacher-based advisory program in which teachers advise students in such areas as academic planning, character development, conflict resolution, and self-esteem. Any teacher participating in this program shall be under the supervision of a credentialed school counselor as appropriate, receive related information and training, and be subject to this Board policy and law, including requirements pertaining to student confidentiality and nondiscrimination.

Policy Reference Disclaimer: These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

State References

5 CCR 4930-4931

Description

Counseling

5 CCR 80049-80049.1

Pupil Personnel Services credential

5 CCR 80632-80632.5

Preparation programs for Pupil Personnel Services

Ed. Code 221.5

Equal opportunity

Ed. Code 44266

Pupil Personnel Services credential

Ed. Code 48431

Establishing and maintaining high school guidance and placement program

Ed. Code 49600-49604

Educational counseling

Ed. Code 51250-51251

Assistance to military dependents

Ed. Code 51513	Personal beliefs
Fam. Code 6920-6930	Consent by minor for medical treatment
Gov. Code 6254	Exemption for personnel records if invasion of personal privacy
H&S Code 124260	Mental health services; consent by minors age 12 and older
Lab. Code 3074.2	College and career fairs; notice to apprenticeship programs
Pen. Code 11166-11170	Reporting known or suspected cases of child abuse
W&I Code 5850-5883	Mental Health Services Act

Federal References

10 USC 503	Military recruiter access to directory information
20 USC 1232g	Family Educational Rights and Privacy Act (FERPA) of 1974
20 USC 7908	Armed forces recruiter access to students and student recruiting information
34 CFR 99.1-99.67	Family Educational Rights and Privacy

Description

Management Resources References

California Department of Education Publication	California Results-Based School Counseling and Student Support Guidelines, 2007
Website	California Division of Apprenticeship Standards - https://simbli.eboardsolutions.com/SU/uE7fWtCmCWa0Bbr6POZVvA==
Website	CSBA District and County Office of Education Legal Services - https://simbli.eboardsolutions.com/SU/UdykszdmPETuDsIshXk6R5akQ==
Website	California Association of School Counselors - https://simbli.eboardsolutions.com/SU/BoLICJgsmR0Iz2b9uY9pZw==
Website	American School Counselor Association - https://simbli.eboardsolutions.com/SU/R1ggYp24tGNHpluszwmaMrEvg==
Website	U.S. Department of Education, access to military recruiters
Website	Commission on Teacher Credentialing - https://simbli.eboardsolutions.com/SU/cxWNIqRUuIlsaQ7efc7aH4Q==
Website	California Department of Education - https://simbli.eboardsolutions.com/SU/os2jq5DcA2RawmY2VZ5FZQ==

Description

Cross References

0410	Nondiscrimination In District Programs And Activities - https://simbli.eboardsolutions.com/SU/FnDZ7yHITUVLmcPBwcYa4w==
0415	Equity - https://simbli.eboardsolutions.com/SU/RWAplusJLDjWXpplusc05iplusLDOA==
0450	Comprehensive Safety Plan - https://simbli.eboardsolutions.com/SU/XVeModcEEplusmIKmIViNyG8g==
0450	Comprehensive Safety Plan - https://simbli.eboardsolutions.com/SU/vQZUWC8qslshfqzPv1MmtaRBg==
0460	Local Control And Accountability Plan - https://simbli.eboardsolutions.com/SU/Oa8UxEDuhq6BH2zsd274XA==
0460	Local Control And Accountability Plan - https://simbli.eboardsolutions.com/SU/8eaD94eHfiVAA8KyIGL0hw==
1312.3	Uniform Complaint Procedures - https://simbli.eboardsolutions.com/SU/CfApluscpxRIZplusOj2ImuhfqBA==
1312.3	Uniform Complaint Procedures - https://simbli.eboardsolutions.com/SU/NaAoUplustL0gdMDg4YyrqkSQ==

Description

1312.3-E PDF(1)	Uniform Complaint Procedures - https://simbli.eboardsolutions.com/SU/CGtJ1bS0fJ2qqnQzzY5qbQ==
1312.3-E PDF(2)	Uniform Complaint Procedures - https://simbli.eboardsolutions.com/SU/hYsgaF9LHjeplus4tINfVHZyg==
1313	Civility - https://simbli.eboardsolutions.com/SU/yOa4hXbmytys4p2JKUbNw==
1400	Relations Between Other Governmental Agencies And The Schools - https://simbli.eboardsolutions.com/SU/bol2KQplusfOV4IODLslshnZFOsg==
3515	Campus Security - https://simbli.eboardsolutions.com/SU/hqFPjAhd9goSoQpbplus4kjiQ==
3515	Campus Security - https://simbli.eboardsolutions.com/SU/TNTSaLuS8Nthk6qXGvHC9g==
3516	Emergencies And Disaster Preparedness Plan - https://simbli.eboardsolutions.com/SU/dOrqkL6zGeHD5I2pKwHzwA==
3516	Emergencies And Disaster Preparedness Plan - https://simbli.eboardsolutions.com/SU/MA2DL2Mnc9xXhOn6dxxRIA==
3516.2	Bomb Threats - https://simbli.eboardsolutions.com/SU/qz0d6tsfAHzXebzeQw1MJg==
4112.2	Certification - https://simbli.eboardsolutions.com/SU/pBrbutmrAaG9iACDiyMPYQ==
4112.2	Certification - https://simbli.eboardsolutions.com/SU/lkdbJZoslshdbW3M28chWarWg==
4131	Staff Development - https://simbli.eboardsolutions.com/SU/qM93MntQ08IXE19SqyYgzA==
4131	Staff Development - https://simbli.eboardsolutions.com/SU/xnIUHul4wamrtLwplus2OFxcA==
5022	Student And Family Privacy Rights - https://simbli.eboardsolutions.com/SU/h5JLCQ5YKFnVYt3uPtVRFg==
5022	Student And Family Privacy Rights - https://simbli.eboardsolutions.com/SU/OjlrF0nHfn6zu7MkMxhpsw==
5113	Absences And Excuses - https://simbli.eboardsolutions.com/SU/5WjNpF3QWadlewTbgJwn2Q==
5113	Absences And Excuses - https://simbli.eboardsolutions.com/SU/Nr0hpbqWFRbmYmhrMwSDvfA==
5113.1	Chronic Absence And Truancy - https://simbli.eboardsolutions.com/SU/38q0tOodNHRkplust0cjSo0rw==
5113.1	Chronic Absence And Truancy - https://simbli.eboardsolutions.com/SU/JGXUNSTd3acUslsh2NrG4kTLg==
5125	Student Records - https://simbli.eboardsolutions.com/SU/tWHWUiPwslshr1YYPUpusvwMslshMQ==
5125	Student Records - https://simbli.eboardsolutions.com/SU/Arf4IGHplusjQnGslsh3Sd1slshP0Hw==
5125.1	Release Of Directory Information - https://simbli.eboardsolutions.com/SU/OgZNdnsk7slshO1pm7w6dgQMw==
5125.1	Release Of Directory Information - https://simbli.eboardsolutions.com/SU/dcEuGdmEtIMdCslshRYKeLLrA==
5125.1-E PDF(1)	Release Of Directory Information - https://simbli.eboardsolutions.com/SU/OLSr2W5pluszBu048bHf3MxfQ==
5131	Conduct - https://simbli.eboardsolutions.com/SU/gCHmgEvELPHGSbXveh7njA==
5131.2	Bullying - https://simbli.eboardsolutions.com/SU/qASFpuS5ozE6wCBVNSx9gA==

5131.2	Bullying - https://simbli.eboardsolutions.com/SU/qgO2Xc5j2ZIoRSmslshVbxwqA==
5131.6	Alcohol And Other Drugs - https://simbli.eboardsolutions.com/SU/q4FlodhdLrslshmjWHPtc6o6A==
5131.6	Alcohol And Other Drugs - https://simbli.eboardsolutions.com/SU/JrdJfkhDPAIZ00eIOfVApw==
5136	Gangs - https://simbli.eboardsolutions.com/SU/1EKslshsKdiaplusgBVSbfNqYt4g==
5136	Gangs - https://simbli.eboardsolutions.com/SU/WHy2Dqpc7nKnitPywHTa1w==
5141.22	Infectious Diseases - https://simbli.eboardsolutions.com/SU/fofkG2y9KkyVyTef5VpjPQ==
5141.22	Infectious Diseases - https://simbli.eboardsolutions.com/SU/SSzp7t1kSjfizyfJoaeq7A==
5141.4	Child Abuse Prevention And Reporting - https://simbli.eboardsolutions.com/SU/tfJUzIz5Ik5USth1slshchO1g==
5141.4	Child Abuse Prevention And Reporting - https://simbli.eboardsolutions.com/SU/gYslshHHnEDM0tHaXoDoUSGsw==
5141.52	Suicide Prevention - https://simbli.eboardsolutions.com/SU/foHCVUvy5ZRTU3b0V9aZ1A==
5141.52	Suicide Prevention - https://simbli.eboardsolutions.com/SU/jX8X3N8tTzMF3ptnzGqd0Q==
5141.6	School Health Services - https://simbli.eboardsolutions.com/SU/PHI14K6HGZLv1uutyHg3Cg==
5141.6	School Health Services - https://simbli.eboardsolutions.com/SU/IDF5UhA2UC1W84kOddjldg==
5144	Discipline - https://simbli.eboardsolutions.com/SU/VKfDusQz4wO4ztggq0xR0Q==
5144	Discipline - https://simbli.eboardsolutions.com/SU/h8js9swo8roKNec7W9PB1Q==
5145.3	Nondiscrimination/Harassment - https://simbli.eboardsolutions.com/SU/Xtm3uqHMol1KAP4CIBOS3g==
5145.3	Nondiscrimination/Harassment - https://simbli.eboardsolutions.com/SU/Rx7eYWCQJQxyhVGfnTMQBQ==
5145.6	Parent/Guardian Notifications - https://simbli.eboardsolutions.com/SU/aumLfEWWhRQTqmF8OKcrwjQ==
5145.6-E PDF(1)	Parent/Guardian Notifications - https://simbli.eboardsolutions.com/SU/5KtCGKwRqTKUDplusFgDOn0OQ==
5145.9	Hate-Motivated Behavior - https://simbli.eboardsolutions.com/SU/Ak4bbXFt2GC0Nslshe6zOQilw==
5147	Dropout Prevention - https://simbli.eboardsolutions.com/SU/izehOEVa2aD9WbplusDzBxt7g==
6141.4	International Baccalaureate Program - https://simbli.eboardsolutions.com/SU/dwum0Szi5Ny3Bslshx3NY04A==
6141.5	Advanced Placement - https://simbli.eboardsolutions.com/SU/XNiEpVglqI7TwsayP8HXGQ==
6142.8	Comprehensive Health Education - https://simbli.eboardsolutions.com/SU/GVzAgUNrmwJxJNKmsgl1rQ==
6142.8	Comprehensive Health Education - https://simbli.eboardsolutions.com/SU/IJW9DH2z29vRFUTVfplusjDjQ==
6143	Courses Of Study - https://simbli.eboardsolutions.com/SU/2rm43307PLCL6tPtEi0B1g==

6143	Courses Of Study - https://simbli.eboardsolutions.com/SU/QSMplusSNCxGfu1or4plus3KUx6A==
6146.2	Certificate Of Proficiency/High School Equivalency - https://simbli.eboardsolutions.com/SU/pluslCdxZAfc2U4cDisslshOPWQ==
6146.2	Certificate Of Proficiency/High School Equivalency - https://simbli.eboardsolutions.com/SU/wbjnwnpj14iVAhhEsqqlslshw==
6164.5	Student Success Teams - https://simbli.eboardsolutions.com/SU/Cp6yplusXBTyCXMfqsCDbQ4ew==
6164.5	Student Success Teams - https://simbli.eboardsolutions.com/SU/Pa4WJnDy0tqNmdlvaNQqag==
6171	Title I Programs - https://simbli.eboardsolutions.com/SU/liaX8LnXncN1nKr3DhUU6g==
6171	Title I Programs - https://simbli.eboardsolutions.com/SU/d7SrtlxVZ7PCzy6JiGpYrw==
6172	Gifted And Talented Student Program - https://simbli.eboardsolutions.com/SU/sl3tGA6g9N9TbPU4IIXVdw==
6172	Gifted And Talented Student Program - https://simbli.eboardsolutions.com/SU/zslshGuStMthY6celBUxN9DoQ==
6173	Education For Homeless Children - https://simbli.eboardsolutions.com/SU/txeOyoBAokde03EL8jzLslshQ==
6173	Education For Homeless Children - https://simbli.eboardsolutions.com/SU/RuKkaP9U0ZIZTrvBvW6Wjw==
6173.1	Education For Foster Youth - https://simbli.eboardsolutions.com/SU/j10m5VbLmj8pqMRz0d6dkQ==
6173.1	Education For Foster Youth - https://simbli.eboardsolutions.com/SU/suCMRgbiqOO4rvJsmX2tqw==
6175	Migrant Education Program - https://simbli.eboardsolutions.com/SU/PJhslshJvWeC0arnpiW695XRg==
6175	Migrant Education Program - https://simbli.eboardsolutions.com/SU/2bkhyJMJKihJpBiZplusFKMig==
6178	Career Technical Education - https://simbli.eboardsolutions.com/SU/X7b5JEzoRKslshww2JugXgaPw==
6178	Career Technical Education - https://simbli.eboardsolutions.com/SU/IKS6G1GbwN6vkN4aZ4filw==
6178.2	Regional Occupational Center/Program - https://simbli.eboardsolutions.com/SU/Jc1u7vpV6ST8UnysQFNtrQ==
6184	Continuation Education - https://simbli.eboardsolutions.com/SU/yvxnNaJRq3tN2QNASpVDsg==
6184	Continuation Education - https://simbli.eboardsolutions.com/SU/n2vXlrDOabjvPYtxuaplusQHg==
6200	Adult Education - https://simbli.eboardsolutions.com/SU/C5HQcSV420mq8fF5fPWllw==
6200	Adult Education - https://simbli.eboardsolutions.com/SU/H9Tg3dUdMslshoK5bnnSOZplusLg==