

AZUSA UNIFIED SCHOOL DISTRICT  
RESOLUTION NO. #22-23:28

**DECLARING THE MONTH OF MAY  
“NATIONAL MENTAL HEALTH MONTH”**

**WHEREAS** mental health is essential to everyone's overall health and well-being; and

**WHEREAS** behavioral health disorders, including major depression, schizophrenia, panic disorders and obsessive-compulsive disorders affect many children and youth every year, regardless of age, gender, race, ethnicity, religion or economic status; and

**WHEREAS** federal statistics show that one in 10 children has a serious mental health condition, but only a third will receive any care at all — with even fewer receiving appropriate care; and

**WHEREAS** a focus on prevention and early intervention efforts could greatly reduce the number of children experiencing serious mental health condition; and

**WHEREAS** children, youth, and adults can recover from mental illness and lead full, productive lives in the community; and

**WHEREAS** students had been experiencing widespread mental-health distress long before the COVID-19 pandemic took hold, with youth suicide on the rise and the second leading cause of death for 15- to 24-year-olds; and

**WHEREAS** the pandemic has made matters worse; in surveys, students reported that COVID-19 has impacted their lives through increased isolation, loneliness, stress, and sadness; and

**WHEREAS** every person and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help; and

**NOW, THEREFORE, BE IT RESOLVED** by the Azusa Unified School District Board of Education that May is designated as Mental Health Awareness Month.

**PASSED AND ADOPTED** by the Azusa Unified School District Board of Education this 9th day of May, 2023, by the following vote:

AYES: \_\_\_\_\_

NOES: \_\_\_\_\_

ABSTAIN: \_\_\_\_\_

ABSENT: \_\_\_\_\_

I, Gabriela Arellanes, Clerk of the Board of Education, do hereby certify that the foregoing is a full, true and correct copy of a resolution duly passed and adopted by said Board of Education at a regularly called and conducted Board of Education meeting held on said date.

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Gabriela Arellanes,  
Clerk of the Board of Education