

ASUSA UNIFIED SCHOOL DISTRICT
RESOLUTION #23-24:29

**DECLARING THE MONTH OF MAY
“NATIONAL MENTAL HEALTH MONTH”**

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, behavioral health disorders, including major depression, schizophrenia, panic disorders, and obsessive-compulsive disorders, affect many children and youth every year, regardless of age, gender, race, ethnicity, religion, or economic status; and

WHEREAS, federal statistics show that one in ten children has a serious mental health condition, but only a third will receive any care at all, with even fewer receiving appropriate care; and

WHEREAS, a focus on prevention and early intervention efforts could greatly reduce the number of children experiencing serious mental health conditions; and

WHEREAS, children, youth, and adults can recover from mental illness and lead full, productive lives in the community; and

WHEREAS, every person and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help; and

NOW, THEREFORE, BE IT RESOLVED, by the Azusa Unified School District Board of Education, that May is designated as Mental Health Awareness Month.

PASSED AND ADOPTED by the Board of Education of the Azusa Unified School District, this 23rd day of April, 2024, by the following vote:

AYES: _____

NOES: _____

ABSTAIN: _____

ABSENT: _____

I, Sandra Benavides, Clerk of the Board of Education, do hereby certify that the foregoing is a full, true, and correct copy of a resolution duly passed and adopted by said Board of Education at a regularly called and conducted Board of Education meeting held on said date.

Sandra Benavides,
Clerk of the Board of Education